

2012-13



GLD XC-Tour de Ski & Clinic



Saturday and Sunday, December 29-30, 2012

Boyne Valley Lodge

Walloon Lake, MI

(231) 535-2475

Entry Fee: \$20 Junior/\$30 Senior (Tour de Ski with Lunches)
\$30 /person/night with Breakfast staying at Lodge.

Schedule:

	Saturday:	Sunday:
8:00 am	Registration	
9:00 am	1 Km CL Qualifier	Pick-up Bibs
10:00 am	1 Km CL rounds	6/9 km CL Interval Race
12:00 pm	Lunch	Lunch
3:00 pm	2 Km FS uphill prologue	

Scoring: Prologue time + (2 x Sprint time) - (:20/1st, :17/2nd, :15/3rd, :14/4th ...)

These times will determine your start time for Sunday (Gunderson).

1st across finish line on Sunday wins.

Bring Cl and/or FS skis, boots, poles and wax.

Register on-line at "SkiReg.com"

Team Name _____

Mail or E-mail Registration to:

Name _____

Nick Baic

Address _____

PO Box 25

City _____

Walloon Lake, MI 49796

State _____ Zip _____

e-mail: nbaic@charter.net

(M or F) _____ Age _____ (As of 12/31/12)

By signing this Acknowledgment of and Assumption of Risk and Release as Self or Parent/Guardian, I am consenting to the competitor's participation in competitive skiing and training and acknowledge that I understand that any and all risk, whether known or unknown, is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance.

Date: _____

Signature of Skier (parent/Guardian if competitor is under 18 years old)